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RECOMMENDATIONS REGARDING YOUR COVID VACCINE & SURGERY

1. It is recommended there is a minimum of **10 days** in between the time of your vaccine and having **surgery**.
2. Even if you receive the COVID vaccine you will still need to follow the COVID precautions as instructed by the surgery facility.
**** Not enough information is currently available to say if or when CDC will stop recommending that people wear masks and avoid close contact with others to help prevent the spread of the virus that causes COVID-19.**
 - You will still be asked to obtain a COVID test prior to surgery.
 - You will still need to quarantine after the COVID test is performed.
 - You will still need to wear a mask when entering any facility on your day of surgery, follow up appointments, and attending therapy.
3. If you are scheduled for upper extremity surgery or have had recent upper extremity surgery do **NOT** have the vaccine administered into your surgical arm.
4. Per the CDC to protect yourself and others, please **continue** to follow these recommendations:
 - Wear a mask over your nose and mouth
 - Stay at least 6 feet away from others
 - Avoid crowds
 - Avoid poorly ventilated spaces
 - Wash your hands often

Thank you for your cooperation!!